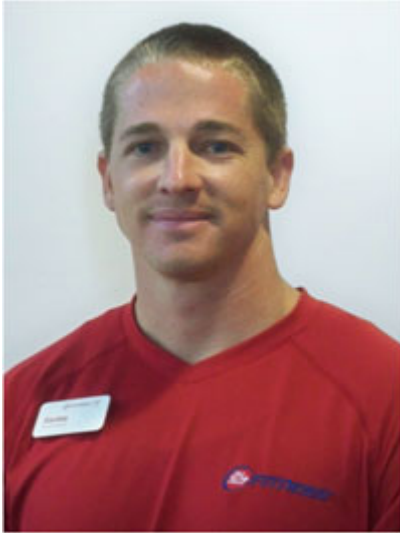


Geoff S.



Master Trainer
Team Member Since: 2009

Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Nutrition
- Athletic training
- Surfing and snowboarding
- Football, basketball, and soccer



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 024