

Julianna A.



**Certified Personal Trainer
Team Member Since: 2013**

Education & Certifications

- BS in Communications: Advertising and Public Relations from Liberty University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Current half marathon competitor
- Nine years competitive soccer



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24hourfitness.com/personaltraining