

Paula C.



Team Member Since: 2010

Education & Certifications

- BS in Corporate Fitness - Cal Poly San Luis Obispo
- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Yoga & hiking
- Spending time with family
- Interior design



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 024

