

# Paula C.



Team Member Since: 2010

## Education & Certifications

- BS in Corporate Fitness - Cal Poly San Luis Obispo
- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Yoga & hiking
- Spending time with family
- Interior design



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)