

Joseph C.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- Business Administration degree from Cal State Long Beach
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Mixed Martial Arts
- Wrestling Coach
- Executive Protection Agent
- Bible Study & Small Groups



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 048