

Melanie L.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Kinesiology from California State University, Long Beach
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Division 1 collegiate basketball player at Long Beach State 2007-2011
- Running 5K races
- Riding my bicycle
- Going to the beach
- Coaching youth basketball



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24hourfitness.com/personaltraining

Club ID: 186