

DeMar C.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- World Instructor Training School - Personal Trainer Certification

Hobbies and Achievements

- Stepping competitions
- Baseball
- Sports and entertainment
- Cooking and nutrition



For more info about this trainer,
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24hourfitness.com/personaltraining