

# Ruben G.



**Certified Personal Trainer  
Team Member Since: 2014**

## Education & Certifications

- BS in Organizational Security Management from University of Phoenix San Diego
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

## Hobbies and Achievements

- USJF Judo Coach 2013
- USJF Judo Brown Belt & Competitor 2012
- Boxing
- Army Physical Fitness Excellence 2008-2014
- Yoga



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