

Carmen K.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Kinesiology from California Polytechnic State University, Pomona
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- 4 years Intercollegiate Track & Field 2008-2012
- Hiking
- Swimming
- Arts & Crafts



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining