

Chelsea A.



Master Trainer
Group X Instructor
Team Member Since: 2010
Sessions Serviced: 2,000 +

Education & Certifications

- BA Degree in Dance Performance from Chapman University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Founder of the Contemporary Modern Dance Cooperative, 2013
- Chelsea was called "Fearless" by the L.A. Times, 2013
- Won a Lester Horton Award for best performance by an ensemble, Method, 2010
- Fannie Kalis Award in Outstanding Achievement in Dance, Chapman, 2006



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 058

