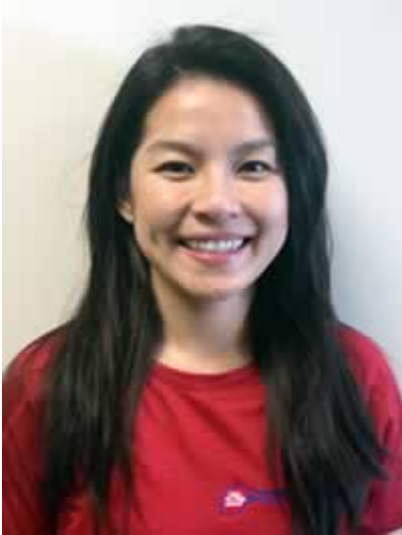


# Christine C.



**Certified Personal Trainer**  
**Master Trainer**  
**Team Member Since: 2013**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- MS in Exercise Science from California University of Pennsylvania
- BS in Nutrition and Dietetics from California State University Long Beach
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Snowboarding during winter
- Mud runs during summer



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)