

# Henry S.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BA in Kinesiology from California State University, Fullerton
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Basketball
- Soccer
- Movies



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Club ID: 058