

Jenny S.

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- National Federation of Professional Trainers - Personal Trainer



Certified Personal Trainer
Master Trainer
Group X Instructor
Fitness Manager
Team Member Since: 2011
Sessions Serviced: 2,000 +

Hobbies and Achievements

- Overcame deep vein thrombosis and pulmonary embolisms
- Have had a 24HF trainer for over 300 sessions
- Adventure junkie of nearly 20 countries



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining