

Jon J.

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer



Certified Personal Trainer
Team Member Since: 2013

Hobbies and Achievements

- Personally lost 70lbs
- Mud Runs and 5Ks
- Bodybuilding
- Hiking



For more info about this trainer,
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24hourfitness.com/personaltraining