

Rafael C.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2012

Education & Certifications

- BS in Physical Education from IMENSU - Brazil
- MS in Biomechanics from FMU - Brazil
- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- Outdoor life, camping, climbing and hiking
- Kayaking
- SUP Instructor
- Fitness Business and Management



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