

Del C.



Team Member Since: 1994

Education & Certifications

- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Surfing
- Snowboarding
- Collegiate football
- Volleyball and track and field athlete



**For more info about this trainer,
scan this code with your smart phone or visit:**

24hourfitness.com/personaltraining

Club ID: 060

