

Jason W.



Master Trainer
Assistant Fitness Manager
Team Member Since: 2007
Sessions Serviced: 5,000 +

Education & Certifications

- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Council on Strength and Fitness - Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Changing Lives
- Traveling
- Football



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