## Samir B.



Master Trainer Team Member Since: 2006 Sessions Serviced:5,000 +

## **Education & Certifications**

- BS Degree in Physical Education and Sports Science from Helwan University, Eqvpt
- CPR Certification
- National Academy of Sports Medicine Corrective Exercise Specialist
- National Academy of Sports Medicine Certified Personal Trainer
- National Academy of Sports Medicine Performance Enhancement Specialist
- TRX Suspension Training Certified TRX Instructor

## **Hobbies and Achievements**

- Sports
- Swimming
- Arts and photography



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