

# Sebastian M.



**Master Trainer**  
**Team Member Since: 2007**

## Education & Certifications

- BS Degree in Kinesiology - California Polytechnic State University Pomona
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Martial Arts
- Movies
- Comedy



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