

Josh G.



Master Trainer
Fitness Manager
Team Member Since: 2006
Sessions Serviced: 5,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- Aerobics and Fitness Association of America - Advanced Personal Trainer
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Weight loss of 110 pounds
- Enjoys fishing
- Loves his pet rats



For more info about this trainer,
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24hourfitness.com/personaltraining