

# Steven K.



**Certified Personal Trainer  
Team Member Since: 2013**

## Education & Certifications

- BS in Psychology from Oklahoma Panhandle State University
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Scholar athlete college and highschool, 2007 & 2010
- College football, pro indoor football signee, 2011
- Highschool football/track and field coach, 2012-Current
- USATF level 1 coach, 2013
- Changing lives 1988-current



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