

Teddy S.



Team Member Since: 2003

Education & Certifications

- BS in Physical Education from Chapman University
- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Baseball
- Basketball
- Surfing
- Working Out



For more info about this trainer,
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24hourfitness.com/personaltraining