

# Josh C.



**Certified Personal Trainer**  
**Assistant Fitness Manager**  
**Team Member Since: 2003**

## Education & Certifications

- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Working out
- Movie Buff
- Cooking



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)