

Melissa Y.



**Certified Personal Trainer
Team Member Since: 2012**

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Lifeguard Swim Instructor- 4 years
- Strength Training
- Hiking
- Swimming
- Rock Climbing
- American Freestyle Kung-Fu



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24hourfitness.com/personaltraining

Club ID: 064