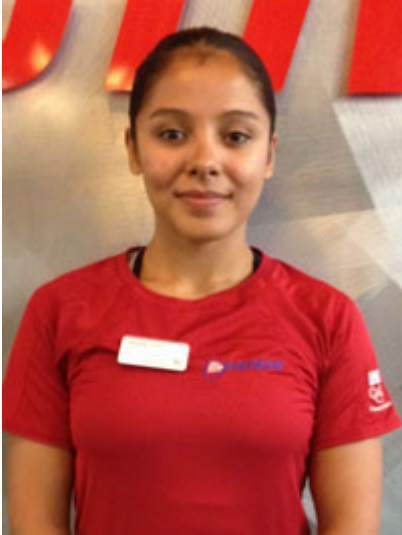


# Jessica V.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Foods and Nutrition from San Diego Mesa College
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Experienced in nutrition and supplements
- Weightlifting
- Aerial silks & circus arts
- Bodybuilding
- Hiking



For more info about this trainer,  
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