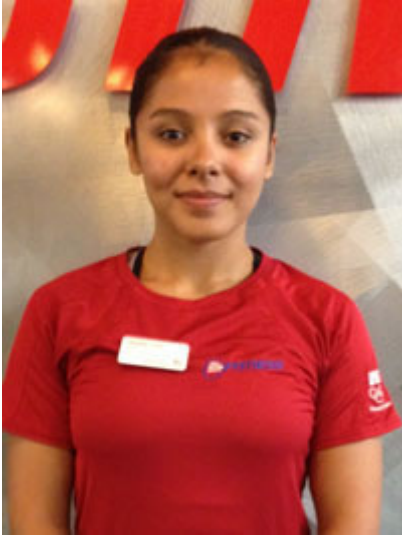


Jessica V.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Foods and Nutrition from San Diego Mesa College
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Experienced in nutrition and supplements
- Weightlifting
- Aerial silks & circus arts
- Bodybuilding
- Hiking



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 065

