

# Josh W.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BS in Kinesiology from San Diego State University
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- High school track, basketball, and track athlete
- Division 1 football player at SDSU
- Won Mountain West conference champion senior year
- Former Canadian football player
- Golf



For more info about this trainer,  
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