

Paul J.



**Certified Personal Trainer
Team Member Since: 2010**

Education & Certifications

- BS in Kinesiology/Kinesiotherapy from California State University Long Beach
- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- Surfing
- Boxing
- Open Track and Field
- Muay Thai
- California State Licensed Paramedic



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