

# Jon F.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BA in Criminal Justice from California State University, Fullerton
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Tahitian dancing
- Having fun
- Watching movies
- The outdoorsFitness



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)