

# Lyndsay G.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BA in Psychology from UC San Diego
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- coaching
- running
- baking
- beach



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 069

