

Courtney U.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BA in Communication from California State University, Los Angeles
- MS in Public Administration from California State University, Northridge
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Triathalons
- Dualathalons
- Beach Boot Camp



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