

# Jon A.



**Master Trainer**  
**Team Member Since: 2003**

## Education & Certifications

- BS Kinesiology- California State University - Long Beach
- 24 Hour Fitness – Certified Personal Training
- CPR Certification
- Aerobic and Fitness Association of America – Personal Trainer Certification
- American Council on Exercise – Personal Trainer Certification

## Hobbies and Achievements

- Traveling
- Basketball
- Football



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)