

Vainayaki S.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Biology from University of Redlands
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Two-time NCAA Track and Field All-American
- 400m silver medal- 2013, 4x400 8th place -2011
- Nutritional Science
- Yoga



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 070

