Amy R.



Master Trainer Assistant Fitness Manager Team Member Since: 2008 Sessions Serviced:2,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. Personal Fitness Trainer

Hobbies and Achievements

- Figure competing
- Hiking
- Wakeboarding
- Cooking



For more info about this trainer, scan this code with your smart phone or visit:

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