

Christopher K.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- US Marine
- Road Cycling- 4 Years experience
- Nutrition and Diet Studies



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 073

