

Robert P.



Certified Personal Trainer
Master Trainer
Team Member Since: 2012

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Beach volleyball - Open Rated
- Body Surfing
- Hatha/Ashtanga Yoga
- Trail Running
- Lost 45 pounds in 2009



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 073

