

# Charlie Y.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Kinesiology- Athletic Training from University Nevada, Las Vegas
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Compete in Olympic-style Weightlifting
- Outdoors
- Basketball



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