

# Denise T.



Team Member Since: 2004

## Education & Certifications

- BS in Fitness and Wellness Management from Brigham Young University
- American College of Sports Medicine - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Cooking
- Spending time with family
- Weight training



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Club ID: 074

