

# Robert R.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## **Education & Certifications**

- American College of Sports Medicine - Personal Trainer Certification
- CPR Certification

## **Hobbies and Achievements**

- Published Book/Illustrator Artist
- Outdoor Trail Running
- Holistic Performance Training



**For more info about this trainer,  
scan this code with your smart phone or visit:**

**[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)**

**Club ID: 077**

