

Loren L.



Certified Personal Trainer
Team Member Since: 2010

Education & Certifications

- BS in Kinesiology from University of Texas at Tyler
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Biking, snowboarding, outrigger paddling
- Las Vegas Half Marathon 2011
- Training for Disney Half Marathon in January 2013



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 080

