

Allison M.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2008

Education & Certifications

- BA in Sociology from SUNY New Paltz
- MA in Social Work from UNLV
- MA in Education from UNLV
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification

Hobbies and Achievements

- Turbo Kick Instructor - 2008
- BODYPUMP Instructor- 2010
- PiYo Strength Instructor- 2012
- Hop Hop Hustle Instructor- 2013
- I love hanging with my family and dog!



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