

# Albert T.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BA in Social Ecology from University of California, Irvine
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Runner since 1990
- Half marathons and 10K events
- Coach youth basketball and softball



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