

Eddie W.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- Kinesiology from Saddleback College
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- 4 Year Varsity Track and Field Athlete
- 4 Year Varsity Basketball Athlete
- 7 Year experience with 100, 200 and 400 meter sprint
- All County Track and Field Athlete 2009 and 2010



For more info about this trainer,
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24hourfitness.com/personaltraining