

# Alex K.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BS in Kinesiology and Health from Iowa State University
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- Marathon Runner
- Group Fitness
- Vegetarian
- Fitness Modeling



For more info about this trainer,  
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[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 088