

Tony T.



Team Member Since: 2003

Education & Certifications

- Over 10000 sessions serviced
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- American Fitness Professionals and Associates - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Optimum Performance Certification
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Baseball
- Track & Field
- Martial Arts



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 088

