

# Ariya M.



**Master Trainer**  
**Fitness Manager**  
**Team Member Since: 2008**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- BS in Marketing from California State University, Northridge
- MA in Psychology from Phillips Graduate Institute
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Soccer
- Hiking
- Movies
- Spending time with family
- Solving riddles



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 089