

# Dave S.



**Certified Personal Trainer**  
**Master Trainer**  
**Team Member Since: 2002**  
**Sessions Serviced:10,000 +**

## Education & Certifications

- BS in Management from Embry-Riddle University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Love weight training
- Being in the gym atmosphere
- Watching the Padres



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 090

