

Michael W.



Certified Personal Trainer
Team Member Since: 2014

Education & Certifications

- BS in Industrial Engineering from Penn State
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- ISSA Specialist in Fitness Nutrition
- Former Semi Professional Paintball Player



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 090

