

# Michael W.



**Certified Personal Trainer**  
**Team Member Since: 2014**

## Education & Certifications

- BS in Industrial Engineering from Penn State
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- ISSA Specialist in Fitness Nutrition
- Former Semi Professional Paintball Player



For more info about this trainer,  
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