

Tawaiin J.



**Certified Personal Trainer
Team Member Since: 2007**

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Association - Strength and Conditioning Certification
- International Sports Sciences Assoc. - Personal Trainer Certification

Hobbies and Achievements

- Play semi-pro football
- Ran track
- Likes working out to condition for football



**For more info about this trainer,
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24hourfitness.com/personaltraining