

Eric R.



Team Member Since: 1994

Education & Certifications

- TRX Certified
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Water sports
- Motor sports
- Working on cars



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining