

# Anthony H.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- Playing football with friends
- Watching football
- College and NFL
- Working out
- Reading
- Studied Martial Arts a few years



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 097