

Ashley A.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Public Health from Oregon State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Received full ride scholarship to play basketball at Oregon State University
- Enjoys playing beach volleyball
- Enjoys spending time with family



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